

Legal Aid Society

of Middle Tennessee and the Cumberlandands

Information for release

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'Jog and Jam for Justice' to Benefit Legal Aid Society

Local attorneys sponsor 5K and concert event

COOKEVILLE, Tenn. March 16, 2012 – The Upper Cumberland Young Lawyers Association (UCYLA) will sponsor the first 'Jog and Jam for Justice' to benefit the Legal Aid Society.

The 5K run/walk will start at 7:30 a.m., Saturday, April 7 at Tucker Stadium on the Tennessee Tech campus. The 'Jog' will be followed that evening by the 'Jam,' a concert featuring several local bands from 6 to 10 p.m. at CHAR restaurant in Cookeville.

"We're hoping to raise money to help the local office of the Legal Aid Society," said Rachel Moses, a staff attorney with the Cookeville Legal Aid Society office as well as founder and treasurer of the UCYLA. "A lot of people depend on the services Legal Aid Society provides, and we see the Jog and Jam as a way for young attorneys and the entire community to support those efforts."

Registration will be \$30 on the day of the race or \$25 in advance. A registration form is available to download on the Jog and Jam for Justice Facebook page <http://on.fb.me/w9WELI> or by email request to rmoses@las.org. Registration cost includes a race t-shirt (not guaranteed after 3/30/12) as well as entrance to and two drink tickets for the evening concert at CHAR restaurant. Those who just want to attend the concert may buy tickets for \$10 at the door.

The UCYLA is a group of young attorneys in the Cookeville area. It is affiliated with the Tennessee Bar Association's Young Lawyers Division. The Legal Aid Society is the state's largest non-profit law firm, which provides civil legal services to the communities most vulnerable citizens who cannot afford to hire a lawyer. The Cookeville office provides services for ten counties: Clay, Cumberland, DeKalb, Fentress, Jackson, Overton, Pickett, Putnam, Van Buren and White.

For more information about the Legal Aid Society, visit las.org or call 1-800-262-6817.

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